

# Popcorn Chicken Bowl K-5

<b>Servings:</b>	40.00
<b>Serving Size:</b>	1.00 Bowl
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Crispy chicken smackers served over mashed potatoes and garnished with cheddar cheese.

## Nutrition Information

<b>Calories</b>	259.50	<b>Protein</b>	13.50g
<b>Fat</b>	12.00g	<b>SaturatedFat</b>	4.50g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	45.00mg
<b>Carbohydrates</b>	25.50g	<b>Fiber</b>	2.50g
<b>Sugar</b>	0.00g	<b>Sodium</b>	710.00mg
<b>Iron</b>	1.29mg	<b>Vitamin C</b>	6.88mg
<b>Vitamin A</b>	226.40IU	<b>Calcium</b>	116.59mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
200 Each	536620	CHIX PCORN LRG WGRAIN CKD 6-5	
28 Ounce	613738	POTATO PRLS EXCEL 12-28Z BAMER	Bag = 28 oz. Each bag yields 40 1/2 cup servings.
5 Cup	150250	CHEESE CHED MLD SHRD 4- 5# COMM	
1 Gallon		Water	Hot water, 170 - 190.

## Preparation Instructions

Bake popcorn chicken smackers according to manufacturer's instructions. Bake at 350 convection for 6-8 minutes or until internal temperature reaches 165. Hold for service at 140.

Prepare mashed potatoes exactly as listed on package. Reconstitute with 1 gallon hot water. Hold for service at 140.

Service Assembly: Serve 1/2 cup of potatoes in a 12 oz. bowl. Top with 5 chicken smackers. Hold cheddar cheese at 40 and place in cold bar for student self service. Use #30 scoop (1/8th cup) to portion.