

Beef Walking Taco

Servings:	67.00
Serving Size:	1.00 1 each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service
Recipe# 2E	

Nutrition Information

Calories	104.15	Protein	8.68g
Fat	7.06g	SaturatedFat	2.35g
Trans Fat	1.18g	Cholesterol	0.00mg
Carbohydrates	1.43g	Fiber	0.18g
Sugar	0.63g	Sodium	75.08mg
Iron	0.16mg	Vitamin C	1.08mg
Vitamin A	179.10IU	Calcium	0.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
6 3/5 Pound	100158	100158 - Beef, Find Ground, 85/15, Frozen	UNPREPARED
1/2 Cup	513997	SPICE ONION MINCED 12Z TRDE	
1 1/2 Cup	100196	TOMATO PASTE CALIF 26 6-10 GCHC	
4 Tablespoon	413429	SEASONING TACO 21Z TRDE	

Preparation Instructions

Brown ground beef. Drain.

Chop onions if using fresh.

Add onions, tomato paste, water and seasoning to ground beef. Blend well. Bring to boil. Reduce heat and simmer for 25-30 minutes. Stir periodically.

Open 1 package and put on a tray or plate.

Place lettuce on chips.

Top lettuce and chips with 3 oz. taco meat and shredded cheese.