

# Beef Soft Taco

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Beef Soft Taco (HS)

## Nutrition Information

<b>Calories</b>	765.82	<b>Protein</b>	51.31g
<b>Fat</b>	12.10g	<b>SaturatedFat</b>	4.60g
<b>Trans Fat</b>	0.29g	<b>Cholesterol</b>	44.00mg
<b>Carbohydrates</b>	123.55g	<b>Fiber</b>	37.41g
<b>Sugar</b>	69.92g	<b>Sodium</b>	972.23mg
<b>Iron</b>	16.06mg	<b>Vitamin C</b>	166.46mg
<b>Vitamin A</b>	84120.76IU	<b>Calcium</b>	784.68mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3 8/47 1	722330	TACO FILLING BEEF REDC FAT 6-5# COMM	
3/10 Ounce	150250	CHEESE CHED MLD SHRD 4- 5# COMM	1/5# bags use scoop #30
1/2 Cup	755826	LETTUCE BLND ROMAINE MXD 4-5 RSS	6.25 # of lettuce serve 1/2 cup lettuce per taco
1/4 Ounce	786543	TOMATO ROMA DCD 3/8 2-5 RSS	
1 Each	505722	TORTILLA FLOUR 8 PRSD 20- 12CT	

## Preparation Instructions