

Chicken Soft Taco

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Soft Taco (HS)

Nutrition Information

Calories	724.62	Protein	50.21g
Fat	9.15g	SaturatedFat	2.80g
Trans Fat	0.00g	Cholesterol	49.95mg
Carbohydrates	118.55g	Fiber	35.41g
Sugar	67.92g	Sodium	734.93mg
Iron	14.08mg	Vitamin C	161.06mg
Vitamin A	83470.76IU	Calcium	744.68mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3/10 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1/2 Cup	755826	LETTUCE BLND ROMAINE MXD 4-5 RSS	6.25 # of lettuce serve 1/2 cup lettuce per taco
1/4 Ounce	786543	TOMATO ROMA DCD 3/8 2-5 RSS	
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	
1 19/20 Ounce		CHICKEN, DICED, COOKED, FROZEN	BAKE

Preparation Instructions