

# Chicken Soft Taco

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Chicken Soft Taco (HS)

## Nutrition Information

<b>Calories</b>	782.75	<b>Protein</b>	54.09g
<b>Fat</b>	13.62g	<b>SaturatedFat</b>	4.63g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	82.33mg
<b>Carbohydrates</b>	120.38g	<b>Fiber</b>	35.41g
<b>Sugar</b>	67.92g	<b>Sodium</b>	1047.00mg
<b>Iron</b>	14.74mg	<b>Vitamin C</b>	161.06mg
<b>Vitamin A</b>	83562.43IU	<b>Calcium</b>	763.02mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>3/10 Ounce</b>	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
<b>1/2 Cup</b>	755826	LETTUCE BLND ROMAINE MXD 4-5 RSS	6.25 # of lettuce serve 1/2 cup lettuce per taco
<b>1/4 Ounce</b>	786543	TOMATO ROMA DCD 3/8 2-5 RSS	
<b>1 Each</b>	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Measurement	DistPart #	Description	Preparation Instructions
2 3/4 Ounce	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	<p><b>BAKE</b></p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p><b>CONVECTION</b></p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p><b>MICROWAVE</b></p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p>

## Preparation Instructions