

Chicken Soft Taco

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Soft Taco (HS)

Nutrition Information

Calories	782.75	Protein	54.09g
Fat	13.62g	SaturatedFat	4.63g
Trans Fat	0.00g	Cholesterol	82.33mg
Carbohydrates	120.38g	Fiber	35.41g
Sugar	67.92g	Sodium	1047.00mg
Iron	14.74mg	Vitamin C	161.06mg
Vitamin A	83562.43IU	Calcium	763.02mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3/10 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1/2 Cup	755826	LETTUCE BLND ROMAINE MXD 4-5 RSS	6.25 # of lettuce serve 1/2 cup lettuce per taco
1/4 Ounce	786543	TOMATO ROMA DCD 3/8 2-5 RSS	
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Measurement	DistPart #	Description	Preparation Instructions
2 3/4 Ounce	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p>MICROWAVE</p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p>

Preparation Instructions