Breaded Chicken Sandwich

Servings:	1.00	
Serving Size:	1.00	
Meal Type:	Lunch	
Category:	Entree	
HACCP Process:	Complex Food Prep	
Breaded Chicken Sandwich		

Nutrition Information

Calories	420.00	Protein	22.00g
Fat	17.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	43.00g	Fiber	5.00g
Sugar	5.00g	Sodium	610.00mg
Iron	3.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	111.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	281622	CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2	 BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.
1 1 bun		3474 WGR HAMBURGER BUN (76) 60g 12ct	READY_TO_EAT

Preparation Instructions