

# Mandarin Orange Chicken

<b>Servings:</b>	100.00
<b>Serving Size:</b>	4.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Man. orange chicken with rice

## Nutrition Information

<b>Calories</b>	5.07	<b>Protein</b>	0.20g
<b>Fat</b>	0.05g	<b>SaturatedFat</b>	0.01g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.44mg
<b>Carbohydrates</b>	0.95g	<b>Fiber</b>	0.04g
<b>Sugar</b>	0.11g	<b>Sodium</b>	3.11mg
<b>Iron</b>	0.02mg	<b>Vitamin C</b>	0.01mg
<b>Vitamin A</b>	0.00IU	<b>Calcium</b>	0.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1/2 Cup	516371	RICE BRN PARBL WGRAIN 25 GCHC	BOIL  Bring water and rice to a boil; stir and reduce heat to medium low and simmer 15-25 minutes or until most of the water is absorbed.
4 Ounce	550512	ENTREE CHIX MAND ORNG W/SCE 6-5# YANG	

## Preparation Instructions