

Chicken Tenders

Servings:	100.00
Serving Size:	100.00 100.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Chicken Tenders

Nutrition Information

Calories	340.38	Protein	18.00g
Fat	16.02g	SaturatedFat	2.51g
Trans Fat	0.01g	Cholesterol	25.00mg
Carbohydrates	30.04g	Fiber	4.00g
Sugar	2.01g	Sodium	531.73mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	40.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
300 Piece	283951	CHIX TNDR WGRAIN FC 4- 8 TYS	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.
100 bun	1591	Whole Grain Dinner Roll	READY_TO_EAT

Measurement	DistPart #	Description	Preparation Instructions
1 Tablespoon	455555	GRAVY MIX CNTRY 6-1.5 PION	<p>BAKE</p> <p>1: Add 5 quarts boiling water (212°F) for convection oven (4 1</p> <p>2 quarts for conventional) and 4 ounces unsalted butter to a 2 1</p> <p>2" deep full-size steamtable pan. 2: Stir in sauce mix until dissolved. 3: Add potato slices. Stir. 4: Bake in convection oven at 300°F for 45-60 minutes. For conventional oven, bake at 400°F for 45-60 minutes. TIPS: For half carton prep, use half of each ingredient amount specified. Cook time and temperature remain the same.</p>

Preparation Instructions