

Beef Soft Taco

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Beef Soft Taco (HS)

Nutrition Information

Calories	264.40	Protein	17.90g
Fat	12.10g	SaturatedFat	4.60g
Trans Fat	0.29g	Cholesterol	44.00mg
Carbohydrates	23.30g	Fiber	4.00g
Sugar	3.00g	Sodium	638.90mg
Iron	4.04mg	Vitamin C	5.40mg
Vitamin A	734.30IU	Calcium	116.60mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3 8/47 1	722330	TACO FILLING BEEF REDC FAT 6-5# COMM	
3/10 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	1/5# bags use scoop #30
1 Each	505722	TORTILLA FLOUR 8 PRSD 20-12CT	

Preparation Instructions

Assemble and serve

CONDIMENTS: ON THE SIDE (NOT IN NUTRITION'S)

SALSA

SOUR CREAM

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION