

Asian Chicken Salad

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Tuesday's Menu Item

Nutrition Information

Calories	576.89	Protein	24.55g
Fat	33.30g	SaturatedFat	2.47g
Trans Fat	0.00g	Cholesterol	14.75mg
Carbohydrates	65.74g	Fiber	12.57g
Sugar	30.99g	Sodium	966.79mg
Iron	7.19mg	Vitamin C	143.94mg
Vitamin A	2127.98IU	Calcium	352.66mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Cup	173500	SPRING MIX CONVENTIONAL 3-1 RSS	
2 Ounce	283951	CHIX TNDR WGRAIN FC 4-8 TYS	
2 Ounce	152811	ORANGES MAND BRKN L/S 6-10 GFS	
2 Ounce	597082	PEPPERS RED 5 P/L	
2 Ounce	134920	ALMOND SLCD BLNCHD 4-2.5 GFS	
2 Ounce	124516	NOODLE CHOW MEIN 1.5/CAN 6-10 GFS	
1 Each	825030	DRESSING SESM TSTD FF PKT60-1.5Z PMLL	

Preparation Instructions