

K-6 Hamburger w/cheese on WG Bun

Servings:	170.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

All Beef Patty w/ cheese on WG bun

Nutrition Information

Calories	269.20	Protein	17.70g
Fat	11.70g	SaturatedFat	4.75g
Trans Fat	0.50g	Cholesterol	47.50mg
Carbohydrates	22.00g	Fiber	4.10g
Sugar	5.00g	Sodium	515.60mg
Iron	1.90mg	Vitamin C	0.04mg
Vitamin A	250.50IU	Calcium	119.36mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
170 Each	658622	BEEF STKBRGR PTY CKD 170-2Z SMRTPKS	Convection Oven: Preheat oven to 350 degrees F. Bake for 8-9 minutes. Microwave: Heat on HIGH power for 60-70 seconds. Appliances vary, adjust accordingly. Always heat until internal temperature reaches 165 degrees F when using a meat thermometer.
170 Slice	722360	CHEESE AMER 160CT SLCD R/F 6-5 LOL	Store in Refrigerator until use and use by expiration date.
170 Each	676151	BUN HAMB WHLWHE 3.5 R/SOD 10-12CT	Thaw at room temperature for 1-2 hours
170 Each	634610	KETCHUP PKT LO SOD 1000- 9GM REDG	READY_TO_EAT None
170 Each	700051	MUSTARD PKT 500-5.5GM GFS	READY_TO_EAT None

Preparation Instructions

Serve:

Place 1 hamburger patty on bottom portion of bun, place 1 slice of cheese on top of patty and place with top bun.

condiments: optional

1 packet of Ketchup (25g Na)

1 packet of Mustard (85g Na)