

Chicken Caesar Salad

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Salad

Nutrition Information

Calories	510.15	Protein	23.50g
Fat	34.95g	SaturatedFat	8.26g
Trans Fat	0.18g	Cholesterol	54.00mg
Carbohydrates	28.38g	Fiber	5.38g
Sugar	3.63g	Sodium	1012.43mg
Iron	3.39mg	Vitamin C	62.97mg
Vitamin A	10602.14IU	Calcium	318.60mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
3 Piece	283951	CHIX TNDR WGRAIN FC 4-8 TYS	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.
1 Ounce	569551	TOMATO CHERRY 11 MRKN	

Measurement	DistPart #	Description	Preparation Instructions
1 Ounce	421812	CHEESE MOZZ 2 SHRD FTHR 4-5 PG	
1 Ounce	445401	CHEESE PARM GRTD 4-5 PG	
1 Package	175400	CROUTON SEAS PC PKT 500-.25Z FRSHGOUR	
1 Ounce	818201	DRESSING CAESAR 4-1 GAL GFS	

Preparation Instructions