

Ham and Swiss Wrap

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|-----------------------|-----------|
| Servings: | 1.00 |
| Serving Size: | 1.00 Each |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | No Cook |

Sandwich

Nutrition Information

| | | | |
|----------------------|----------|---------------------|-----------|
| Calories | 242.50 | Protein | 21.25g |
| Fat | 8.88g | SaturatedFat | 4.63g |
| Trans Fat | 0.00g | Cholesterol | 40.00mg |
| Carbohydrates | 22.25g | Fiber | 2.00g |
| Sugar | 4.25g | Sodium | 1015.00mg |
| Iron | 1.53mg | Vitamin C | 0.00mg |
| Vitamin A | 500.00IU | Calcium | 170.00mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|------------------------------------|--------------------------|
| 1 Each | 882700 | TORTILLA FLOUR ULTRGR 8 18-12CT | |
| 5 Slice | 294187 | HAM SLCD .5Z 4-2.5 GFS | |
| 2 Slice | 722360 | CHEESE AMER 160CT SLCD R/F 6-5 LOL | |

Preparation Instructions