

BLTT Salad

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Bacon, Lettuce, Turkey, Tomato Salad

Nutrition Information

Calories	192.40	Protein	18.60g
Fat	5.90g	SaturatedFat	1.10g
Trans Fat	0.00g	Cholesterol	45.00mg
Carbohydrates	18.00g	Fiber	4.20g
Sugar	8.00g	Sodium	1054.00mg
Iron	2.29mg	Vitamin C	82.86mg
Vitamin A	11499.40IU	Calcium	58.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
3 Slice	834770	BACON TKY CKD 12-50CT JENNO	Crumbled
3 Slice	344120	TURKEY BRST SLCD OVN RSTD 6-2 JENNO	
1 Package	175400	CROUTON SEAS PC PKT 500-.25Z FRSHGOUR	
4 Each	569551	TOMATO CHERRY 11 MRKN	diced

Preparation Instructions