

Ham and Swiss Wrap

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Sandwich

Nutrition Information

Calories	296.55	Protein	20.45g
Fat	12.93g	SaturatedFat	8.14g
Trans Fat	0.00g	Cholesterol	50.00mg
Carbohydrates	26.13g	Fiber	4.28g
Sugar	2.88g	Sodium	926.13mg
Iron	3.03mg	Vitamin C	62.86mg
Vitamin A	10487.43IU	Calcium	262.25mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	882700	TORTILLA FLOUR ULTRGR 8 18-12CT	
5 Slice	294187	HAM SLCD .5Z 4-2.5 GFS	
2 Slice	164348	CHEESE SWS 160CT SLCD PROC 4-5 GFS	
1/2 Slice	199036	TOMATO 6X6 LRG 25 MRKN	condiment
2 Ounce	735787	LETTUCE ROMAINE CHOP 6-2 RSS	condiment

Preparation Instructions