

# Eagle's Nest

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00 Each
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Meatballs, Potatoes, & Gravy

## Nutrition Information

<b>Calories</b>	675.24	<b>Protein</b>	24.12g
<b>Fat</b>	14.03g	<b>SaturatedFat</b>	3.50g
<b>Trans Fat</b>	0.60g	<b>Cholesterol</b>	36.00mg
<b>Carbohydrates</b>	109.85g	<b>Fiber</b>	7.06g
<b>Sugar</b>	2.00g	<b>Sodium</b>	1351.76mg
<b>Iron</b>	3.58mg	<b>Vitamin C</b>	61.85mg
<b>Vitamin A</b>	16.52IU	<b>Calcium</b>	114.61mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1/2 Cup	146581	POTATO PRLS EXCEL 12-26.5Z SMART SERV	
2 Ounce	552050	MIX GRAVY BRN LO SOD 8-16Z TRIO	
4 Each	785860	MEATBALL CKD .65Z 6-5 COMM	

## Preparation Instructions