

Yogurt Smoothies Orange- Ore Creek

Servings:	16.00
Serving Size:	16.00 Fluid Ounce
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	Complex Food Prep

yogurt and juice

Nutrition Information

Calories	155.00	Protein	4.50g
Fat	0.75g	SaturatedFat	0.50g
Trans Fat	0.00g	Cholesterol	2.50mg
Carbohydrates	33.00g	Fiber	0.50g
Sugar	24.50g	Sodium	60.00mg
Iron	0.90mg	Vitamin C	36.00mg
Vitamin A	500.00IU	Calcium	110.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
4 Pound	811500	YOGURT VAN L/F PARFPR 6-4 YOPL	READY_TO_EAT Ready to use with pouch & serving tip.
8 Cup	693671	JUICE ORNG 100 4-1GAL HV	

Preparation Instructions