

# K-6 Pasta Bowl to Go

<b>Servings:</b>	80.00
<b>Serving Size:</b>	1.00 Serving
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Penne Pasta with Marinara sauce, Meatballs & Garlic Bread

## Nutrition Information

<b>Calories</b>	616.00	<b>Protein</b>	26.00g
<b>Fat</b>	23.50g	<b>SaturatedFat</b>	7.50g
<b>Trans Fat</b>	0.60g	<b>Cholesterol</b>	42.00mg
<b>Carbohydrates</b>	74.00g	<b>Fiber</b>	7.00g
<b>Sugar</b>	12.00g	<b>Sodium</b>	1071.00mg
<b>Iron</b>	6.86mg	<b>Vitamin C</b>	10.00mg
<b>Vitamin A</b>	1505.00IU	<b>Calcium</b>	144.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>40 Cup</b>	835900	PASTA PENNE CKD 4-5 PG	Place bag of pasta in boiling water for 30 seconds.
<b>40 Cup</b>	231762	SAUCE MARINARA SMOOTH 6-10 PG	Place sauce in steam table pan and heat to 165 degrees F for 15 seconds.
<b>320 Each</b>	785860	MEATBALL CKD .65Z 6-5 COMM	Cook meatballs at 375 dgrees F for approximately 45 minutes or until they reach 165 degrees F.

Measurement	DistPart #	Description	Preparation Instructions
<b>80 Slice</b>	277862	BREAD GARL TST SLC WGRAIN 12-12CT GFS	BAKE-Preheat oven to 450 degrees Fahrenheit. Place frozen toast on nonstick baking sheet. Heat for 4-5 minutes or until heated through.  GRIDDLE_FRY  Place toast in skillet on medium heat. Heat each side 2 minutes or until heated through.  GRILL  Place toast on grill. Heat each side for 30 seconds or until heated through.
<b>80 Each</b>	254959	CHEESE PARM PKT 200-3.5GM GFS	READY-TO-EAT

## Preparation Instructions

Serving Size

Place 1/2 cup-4oz (#8 Scoop) of pasta on tray

Add 1/4 cup-2oz(#16 Scoop) of marinara sauce over the top of pasta

Next Place 4 meatballs on tray and 1 piece garlice bread/toast

Condiment Optional

1 packet of parmesan cheese (55g Na)