

K-6 Pasta Bowl to Go

Servings:	80.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Penne Pasta with Marinara sauce, Meatballs & Garlic Bread

Nutrition Information

Calories	616.00	Protein	26.00g
Fat	23.50g	SaturatedFat	7.50g
Trans Fat	0.60g	Cholesterol	42.00mg
Carbohydrates	74.00g	Fiber	7.00g
Sugar	12.00g	Sodium	1071.00mg
Iron	6.86mg	Vitamin C	10.00mg
Vitamin A	1505.00IU	Calcium	144.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
40 Cup	835900	PASTA PENNE CKD 4-5 PG	Place bag of pasta in boiling water for 30 seconds.
40 Cup	231762	SAUCE MARINARA SMOOTH 6-10 PG	Place sauce in steam table pan and heat to 165 degrees F for 15 seconds.
320 Each	785860	MEATBALL CKD .65Z 6-5 COMM	Cook meatballs at 375 dgrees F for approximately 45 minutes or until they reach 165 degrees F.

Measurement	DistPart #	Description	Preparation Instructions
80 Slice	277862	BREAD GARL TST SLC WGRAIN 12-12CT GFS	BAKE-Preheat oven to 450 degrees Fahrenheit. Place frozen toast on nonstick baking sheet. Heat for 4-5 minutes or until heated through. GRIDDLE_FRY Place toast in skillet on medium heat. Heat each side 2 minutes or until heated through. GRILL Place toast on grill. Heat each side for 30 seconds or until heated through.
80 Each	254959	CHEESE PARM PKT 200-3.5GM GFS	READY-TO-EAT

Preparation Instructions

Serving Size

Place 1/2 cup-4oz (#8 Scoop) of pasta on tray

Add 1/4 cup-2oz(#16 Scoop) of marinara sauce over the top of pasta

Next Place 4 meatballs on tray and 1 piece garlice bread/toast

Condiment Optional

1 packet of parmesan cheese (55g Na)