

K-6 Chef Salad

Servings:	24.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Romaine Lettuce, Carrots, Cherry Tomatoes, Cucumber, Shredded Cheese & Turkey Ham

Nutrition Information

Calories	294.55	Protein	15.70g
Fat	20.76g	SaturatedFat	8.36g
Trans Fat	0.00g	Cholesterol	71.53mg
Carbohydrates	9.41g	Fiber	1.55g
Sugar	2.58g	Sodium	944.41mg
Iron	1.56mg	Vitamin C	36.51mg
Vitamin A	5774.85IU	Calcium	201.12mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
24 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
48 Ounce	569551	TOMATO CHERRY 11 MRKN	
48 Ounce		Cucumber	BAKE
48 Ounce		Carrots, baby	BAKE
24 Ounce	359572	American cheese shredded	
48 Ounce	202150	TURKEY HAM DCD 2-5 JENNO	
24 Ounce	195707	DRESSING RNCH LT 60-1.5Z KENS	

Preparation Instructions

Prepare salad in 6" round black bowl

Place 1 cup of romaine lettuce

on top add

-2oz Baby carrots

-2oz Cheery tomatoes

-2oz Cucumbers

-2oz Dice Turkey Ham

-top with 1oz Shredded Cheese