

K-6 Chef Salad

Servings:	24.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Romaine Lettuce, Carrots, Cherry Tomatoes, Cucumber, Shredded Cheese & Turkey Ham

Nutrition Information

Calories	313.55	Protein	18.88g
Fat	22.95g	SaturatedFat	8.02g
Trans Fat	0.12g	Cholesterol	78.51mg
Carbohydrates	7.45g	Fiber	1.55g
Sugar	3.25g	Sodium	578.03mg
Iron	1.76mg	Vitamin C	36.45mg
Vitamin A	5672.55IU	Calcium	225.04mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
24 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
48 Ounce	569551	TOMATO CHERRY 11 MRKN	
48 Ounce		Cucumber	BAKE
48 Ounce		Carrots, baby	BAKE
48 Ounce	187791	CHIX DCD STRPS 1/2 30# GLDKST	BAKE FROM FROZEN: CONVENTIONAL OVEN: 8-10 MINUTES AT 350F; CONVECTION OVEN: 6-8 MINUTES AT 350F.
24 Each	182265	SAUCE RNCH DIPN CUP 100-1Z PPI	
48 Ounce	150250	CHEESE CHED MLD SHRD 4-5# COMM	

Preparation Instructions

Prepare salad in 6" round black bowl

Place 1 cup of romaine lettuce

on top add

-2oz Baby carrots

-2oz Cheery tomatoes

-2oz Cucumbers

-2oz Dice Turkey Ham

-top with 1oz Shredded Cheese