

Warm Spiced Apples

Servings:	100.00
Serving Size:	0.50 Cup
Meal Type:	Lunch
Category:	Fruit
HACCP Process:	Complex Food Prep
Fruit	

Nutrition Information

Calories	76.60	Protein	0.00g
Fat	0.00g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	19.56g	Fiber	2.20g
Sugar	15.66g	Sodium	16.00mg
Iron	0.00mg	Vitamin C	0.00mg
Vitamin A	0.00IU	Calcium	0.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
30 Cup	271497	APPLESAUCE UNSWT 6-10 GFS	
25 Cup	117773	APPLE SLCD W/P 6-10 GFS	
3 Cup	108626	SUGAR BROWN MED 25 GFS	UNSPECIFIED
2 Tablespoon	224723	SPICE CINNAMON GRND 15Z TRDE	
2 Teaspoon	513601	SPICE ALLSPICE GRND 16Z TRDE	

Preparation Instructions