

Chicken Caesar Salad - Student

Servings:	1.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Salad

Nutrition Information

Calories	929.04	Protein	73.24g
Fat	60.53g	SaturatedFat	32.97g
Trans Fat	0.00g	Cholesterol	152.66mg
Carbohydrates	20.01g	Fiber	3.79g
Sugar	1.20g	Sodium	2133.05mg
Iron	2.57mg	Vitamin C	65.49mg
Vitamin A	11919.86IU	Calcium	1924.32mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
2 Ounce	645170	CHEESE MOZZ SHRD 4-5 LOL	
2 Each	569551	TOMATO CHERRY 11 MRKN	
2 Ounce	445401	CHEESE PARM GRTD 4-5 PG	

Measurement	DistPart #	Description	Preparation Instructions
2 Ounce	561301	CHIX BNLS WNG GLDNCRSP WGRAIN 4-7.5	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Preheat oven to 400°F. Place frozen chunks on a baking sheet lined with parchment paper. Heat for 10-12 minutes.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Preheat oven to 375°F, no steam, medium low fans. Place frozen chunks on a parchment lined baking sheet and heat for 10-12 minutes.</p>

Preparation Instructions

Caesar Dressing served on the line 2 oz. GFS 818201