

AntiPasto Salad - Student

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Salad

Nutrition Information

Calories	308.88	Protein	21.59g
Fat	21.21g	SaturatedFat	9.39g
Trans Fat	0.00g	Cholesterol	70.15mg
Carbohydrates	8.63g	Fiber	2.35g
Sugar	2.63g	Sodium	1689.36mg
Iron	2.17mg	Vitamin C	72.22mg
Vitamin A	10501.08IU	Calcium	264.33mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Cup	735787	LETTUCE ROMAINE CHOP 6-2 RSS	
2 Ounce	776250	SALAMI GENOA SLCD 4/Z 5-2 PG	
2 Ounce	776221	PEPPERONI SLCD SAND 2.85 8/Z 5-2 PG	
2 Ounce	294187	HAM SLCD .5Z 4-2.5 GFS	
3 Each	466220	PEPPERS BAN RING MILD 4-1GAL GFS	
2 Ounce	421812	CHEESE MOZZ 2 SHRD FTHR 4-5 PG	
2 Slice	418439	CUCUMBER SELECT 24CT MRKN	
1 Slice	199036	TOMATO 6X6 LRG 25 MRKN	

Preparation Instructions