

# Buttered carrots

<b>Servings:</b>	250.00
<b>Serving Size:</b>	1.00 1/2 cup
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Vegetable
<b>HACCP Process:</b>	Same Day Service

Buttered carrots

## Nutrition Information

<b>Calories</b>	31.73	<b>Protein</b>	0.00g
<b>Fat</b>	1.30g	<b>SaturatedFat</b>	0.83g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	3.55mg
<b>Carbohydrates</b>	4.43g	<b>Fiber</b>	1.10g
<b>Sugar</b>	2.23g	<b>Sodium</b>	164.65mg
<b>Iron</b>	0.00mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	47.27IU	<b>Calcium</b>	0.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>10 #10 CAN</b>	100309	Carrots, Sliced, low sodium, canned	
<b>10/11 Pound</b>	191205	BUTTER PRINT SLTD GRD AA 36-1 GFS	
<b>1 9/11 Pound</b>	314641	SUGAR BROWN LT 12-2 GFS	

## Preparation Instructions

Prepare cans for opening.

Drain all but 2 cans, add to stock pots with 1/2# of butter and package of brown sugar.

Heat to internal temp of 212 degrees. Hold in hot steam table while serving. Serve with 1/2 cup spoodle.