

# Chicken Nuggets K-8

<b>Servings:</b>	100.00
<b>Serving Size:</b>	5.00 5 each
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Whole Grain Tyson Chicken Nuggets

## Nutrition Information

<b>Calories</b>	240.00	<b>Protein</b>	13.00g
<b>Fat</b>	14.00g	<b>SaturatedFat</b>	2.50g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	20.00mg
<b>Carbohydrates</b>	16.00g	<b>Fiber</b>	3.00g
<b>Sugar</b>	1.00g	<b>Sodium</b>	470.00mg
<b>Iron</b>	1.80mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	100.00IU	<b>Calcium</b>	40.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
500 1 each	558040	CHIX CHUNKS BRD WGRAIN .66Z 4-7	BAKE  Appliances vary, adjust accordingly.  Conventional Oven  8 - 10 minutes at 400°F from frozen.  CONVECTION  Appliances vary, adjust accordingly.  Convection Oven  6 - 8 minutes at 375°F from frozen.

## Preparation Instructions