## Chicken Nuggets K-8

Servings:	100.00	
Serving Size:	5.00 Each	
Meal Type:	Lunch	
Category:	Entree	
HACCP Process:	Same Day Service	
Whole Grain Tyson Chicken Nuggets		

## Nutrition Information

Calories	240.00	Protein	13.00g
Fat	14.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	20.00mg
Carbohydrates	16.00g	Fiber	3.00g
Sugar	1.00g	Sodium	470.00mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	40.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
500 1 each	558040	CHIX CHUNKS BRD WGRAIN .66Z 4-7	BAKE Appliances vary, adjust accordingly. Conventional Oven
			8 - 10 minutes at 400°F from frozen.
			CONVECTION
			Appliances vary, adjust accordingly.
			Convection Oven
			6 - 8 minutes at 375°F from frozen.
			5 pc = 2mt 1 grain

## Preparation Instructions

Wash Hands