

Mandarin Oranges

Servings:	1.00
Serving Size:	1.00 4oz
Meal Type:	Lunch
Category:	Fruit
HACCP Process:	No Cook

Mandarin oranges in JCE 6-10 GFS

Nutrition Information

Calories	120.00	Protein	2.00g
Fat	0.00g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	28.00g	Fiber	0.00g
Sugar	22.00g	Sodium	20.00mg
Iron	0.72mg	Vitamin C	36.00mg
Vitamin A	800.00IU	Calcium	40.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Cup	612448	ORANGES MAND IN JCE 6-10 GFS	

Preparation Instructions