

# Pineapples,GFS#189952

<b>Servings:</b>	100.00
<b>Serving Size:</b>	1.00 1/2 cup
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Fruit
<b>HACCP Process:</b>	No Cook

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## Nutrition Information

<b>Calories</b>	82.77	<b>Protein</b>	0.00g
<b>Fat</b>	0.00g	<b>SaturatedFat</b>	0.00g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.00mg
<b>Carbohydrates</b>	18.62g	<b>Fiber</b>	2.07g
<b>Sugar</b>	18.62g	<b>Sodium</b>	10.35mg
<b>Iron</b>	0.00mg	<b>Vitamin C</b>	12.42mg
<b>Vitamin A</b>	0.00IU	<b>Calcium</b>	0.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>4 #10 CAN</b>	189952	PINEAPPLE CHUNKS IN JCE 6-10 GFS	

## Preparation Instructions

Directions:

Hold in cooler till serving time

CCP: Hold for cold service at 41° F or lower.

Notes: