

K-6-Rockin'ola Yogurt Parfait

| | |
|-----------------------|------------------|
| Servings: | 20.00 |
| Serving Size: | 1.00 Serving |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | Same Day Service |

yogurt w/strawberry/blueberry

Nutrition Information

| | | | |
|----------------------|----------|---------------------|----------|
| Calories | 348.75 | Protein | 9.46g |
| Fat | 6.07g | SaturatedFat | 0.49g |
| Trans Fat | 0.00g | Cholesterol | 2.47mg |
| Carbohydrates | 65.26g | Fiber | 10.16g |
| Sugar | 40.16g | Sodium | 85.18mg |
| Iron | 8.28mg | Vitamin C | 57.60mg |
| Vitamin A | 493.75IU | Calcium | 121.42mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------------|------------|--------------------------------|--|
| 79 Ounce | 811500 | YOGURT VAN L/F PARFPR 6-4 YOPL | <p>READY_TO_EAT</p> <p>Ready to use with pouch & serving tip.</p> <p>4 oz total per parfait</p> <p>Place 2 oz in bottom of 12 oz parfait cup.</p> <p>Add 2 oz mixed thawed berries.</p> <p>Add 2 oz of yogurt.</p> <p>Add 2 oz mixed thawed berries</p> <p>Top with Rockin'ola granola</p> |
| 20 Serving | 8004216 | Rockin'ola Pro granola | 1 bag = 1.5 oz granola |
| 20 Ounce | 244630 | STRAWBERRY WHL IQF 4-5 GFS | |
| 20 Ounce | 166720 | BLUEBERRY IQF 4-5 GFS | |

Preparation Instructions

1 serving per student

Layer in 12oz parfait cup

- 1.) Add 2oz of Vanilla yogurt in bottom of cup
- 2.) Add 2oz berries on top of yogurt
- 3.) Add 2oz of Vanilla yogurt on top of berries
- 4.) Add another 2oz of berries
- 5.) Place insert in cup and add 1 bag of Rockin'ola Pro granola or 1.5 oz of bulk Rockin'ola Pro granola
- 6.) place domed lid on cup

Must serve chilled- keep in refrigerator until serving time- when on the line keep in pan with cooling pads.