

# Apple Bosco Stick

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Apple Bosco Stick

## Nutrition Information

<b>Calories</b>	190.00	<b>Protein</b>	5.00g
<b>Fat</b>	2.50g	<b>SaturatedFat</b>	0.50g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.00mg
<b>Carbohydrates</b>	38.00g	<b>Fiber</b>	3.00g
<b>Sugar</b>	9.00g	<b>Sodium</b>	170.00mg
<b>Iron</b>	1.80mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	0.00IU	<b>Calcium</b>	20.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
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<b>1 Each</b>	518721	APPLESTICK WGRAIN 7 IW 72CT BOSCO	<p><b>BAKE</b></p> <p>Conventional Oven</p> <ol style="list-style-type: none"><li>1. Preheat oven to 350° F.</li><li>2. Place Apple Sticks on a baking sheet.</li><li>3. THAWED: 12-14 minutes. FROZEN: 20-22 minutes.</li><li>5. Let stand 2 minutes before serving.</li></ol> <p>CAUTION: FILLING MAY BE HOT!</p> <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p><b>MICROWAVE</b></p> <p>Microwave</p> <ol style="list-style-type: none"><li>1. Open one end of wrapper.</li><li>2. Microwave high.</li><li>3. THAWED: 35-40 seconds. FROZEN: 55-60 seconds.</li><li>4. Let stand 2 minutes before serving.</li></ol> <p>CAUTION: FILLING MAY BE HOT!</p> <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p><b>THAW</b></p> <p>Thawing Instructions</p> <ol style="list-style-type: none"><li>1. Thaw before baking.</li><li>2. Keep Apple Sticks covered while thawing.</li><li>3. Apple Sticks may be thawed in packaging.</li><li>4. Apple Sticks have 8 days shelf life when refrigerated.</li></ol> <p>Oven temperatures may vary. Adjust baking time and or temperature as necessary.</p> <p><b>UNSPECIFIED</b></p> <p>Warming Cabinet Avoid placing Apple Sticks directly on a heated shelf. Best if placed on a baking rack that is slightly elevated from the hot shelf. For best quality results open wrapper and hold in a warmer for a maximum of 2 hours. Maximum hold time with wrapper closed is 1 hour. Individually wrapped Apple Sticks have 8 days shelf life when refrigerated. Oven temperatures may vary. Adjust baking time and</p>
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## Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.