

Apple Granola Bar w/ Yogurt

Servings:	1.00
Serving Size:	1.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

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Nutrition Information

Calories	250.00	Protein	6.00g
Fat	5.50g	SaturatedFat	1.50g
Trans Fat	0.00g	Cholesterol	5.00mg
Carbohydrates	45.00g	Fiber	2.00g
Sugar	20.00g	Sodium	225.00mg
Iron	1.08mg	Vitamin C	0.00mg
Vitamin A	500.00IU	Calcium	100.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	369340	BAR CINN ICED WGRAIN 160-1.5Z DARL	READY-TO-EAT
1 Each	551760	YOGURT STRAWB BAN BASH L/F 48-4Z TRIX	READY_TO_EAT Ready to eat single serving

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.