

BC Chick Fillet Sandwich

Servings:	1.00
Serving Size:	0.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

BC Chick Fillet Sandwich

Nutrition Information

Calories	385.00	Protein	28.90g
Fat	10.50g	SaturatedFat	1.60g
Trans Fat	0.00g	Cholesterol	69.00mg
Carbohydrates	42.00g	Fiber	3.20g
Sugar	5.00g	Sodium	645.50mg
Iron	3.99mg	Vitamin C	0.00mg
Vitamin A	59.55IU	Calcium	101.93mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
4 Ounce	542832	CHIX BRST FLLT WGRAIN DILL CKD 4-5#	Bake to 140 or higher
1 1 bun		3474 WGR HAMBURGER BUN (76) 60g 12ct	READY_TO_EAT

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION