

BREADED CHICKEN SANDWICH

Servings:	1.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

BREADED CHICKEN ON WG BUN

Nutrition Information

Calories	410.00	Protein	22.00g
Fat	16.50g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	42.00g	Fiber	5.00g
Sugar	5.00g	Sodium	680.00mg
Iron	9.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	50.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 bun	1711	4" WG WHITE HAMBURGER BUN	
1 Each	281622	CHIX PTY BRD WGRAIN FC 3.54Z 4-8.2	BAKE Appliances vary, adjust accordingly. Conventional Oven 8-10 minutes at 400°F from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven 6-8 minutes at 375°F from frozen.

Preparation Instructions

Directions:

HACCP STEP: WASH HANDS.

1. Cook chicken patty as directed on package.
2. Place cooked chicken patty on bottom of roll. Top with remaining half of roll.
3. Serve.
4. Allow student to select condiment of choice.

Child Nutrition: 1 Each provides= 2.0 oz eq grain and 2.5 oz meat.

Notes:

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.