

# Breaded Pork Tenderloin

<b>Servings:</b>	1.00
<b>Serving Size:</b>	0.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Breaded Pork Tenderloin

## Nutrition Information

<b>Calories</b>	420.00	<b>Protein</b>	16.00g
<b>Fat</b>	17.00g	<b>SaturatedFat</b>	4.50g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	40.00mg
<b>Carbohydrates</b>	11.00g	<b>Fiber</b>	2.00g
<b>Sugar</b>	1.00g	<b>Sodium</b>	330.00mg
<b>Iron</b>	1.62mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	0.00IU	<b>Calcium</b>	40.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
<b>1 Each</b>	661950	PORK PTY BRD WGRAIN 3.35Z 6-5# JTM	Bake to an internal temperature of 145 for 15 seconds
<b>1 bun</b>	3159	Aunt Millie's 4" Whole Grain Hamburger Bun	Ready to eat

## Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.