

# Chicken Alfredo

<b>Servings:</b>	100.00
<b>Serving Size:</b>	6.00 0.50
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Chicken Alfredo

## Nutrition Information

<b>Calories</b>	246.90	<b>Protein</b>	21.23g
<b>Fat</b>	8.21g	<b>SaturatedFat</b>	3.40g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	77.40mg
<b>Carbohydrates</b>	19.97g	<b>Fiber</b>	0.42g
<b>Sugar</b>	2.62g	<b>Sodium</b>	327.90mg
<b>Iron</b>	1.30mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	132.60IU	<b>Calcium</b>	114.80mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
15 Pound	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	UNSPECIFIED Not currently available
15 Pound	155661	SAUCE ALFREDO FZ 6-5 JTM	
5 Pound	292346	PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS	
1 Each	152211	BREADSTICK WGRAIN 1.31Z 10-20CT	

## Preparation Instructions

Bring to boil 5 gallons of water, boil noodles until tender. Steam Alfredo sauce until reaches an internal temperature of 140 degrees or higher. Pour over diced chicken.

Place back into steamer or oven until it reaches and internal temperature of 165 or higher.

Serve with a 6 ounce ladle.

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE

NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.