

# Chicken Alfredo

<b>Servings:</b>	100.00
<b>Serving Size:</b>	6.00 0.50
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Chicken Alfredo

## Nutrition Information

<b>Calories</b>	246.90	<b>Protein</b>	21.23g
<b>Fat</b>	8.21g	<b>SaturatedFat</b>	3.40g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	77.40mg
<b>Carbohydrates</b>	19.97g	<b>Fiber</b>	0.42g
<b>Sugar</b>	2.62g	<b>Sodium</b>	327.90mg
<b>Iron</b>	1.30mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	132.60IU	<b>Calcium</b>	114.80mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
15 Pound	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	UNSPECIFIED Not currently available
15 Pound	155661	SAUCE ALFREDO FZ 6-5 JTM	Steam Alfredo sauce until reaches an internal temperature of 140 degrees or higher. Pour over diced chicken.
5 Pound	292346	PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS	Bring to boil 5 gallons of water, boil noodles until tender.
1 Each	152211	BREADSTICK WGRAIN 1.31Z 10-20CT	Ready to eat

## Preparation Instructions

Serve with a 6 ounce ladle.

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE

INDIANA DEPARTMENT OF EDUCATION.