

Chicken Alfredo

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Alfredo

Nutrition Information

Calories	246.90	Protein	21.23g
Fat	8.21g	SaturatedFat	3.40g
Trans Fat	0.00g	Cholesterol	77.40mg
Carbohydrates	19.97g	Fiber	0.42g
Sugar	2.62g	Sodium	327.90mg
Iron	1.30mg	Vitamin C	0.00mg
Vitamin A	132.60IU	Calcium	114.80mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3/20 Pound	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	UNSPECIFIED Not currently available
3/20 Pound	155661	SAUCE ALFREDO FZ 6-5 JTM	Steam Alfredo sauce until reaches an internal temperature of 140 degrees or higher. Pour over diced chicken. Serve with 6 ounce ladle
1/20 Pound	292346	PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS	Bring to boil 5 gallons of water, boil noodles until tender.
1/100 Each	152211	BREADSTICK WGRAIN 1.31Z 10-20CT	Ready to eat

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE

INDIANA DEPARTMENT OF EDUCATION.