

Chicken Alfredo

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken Alfredo

Nutrition Information

Calories	462.90	Protein	35.63g
Fat	20.21g	SaturatedFat	10.60g
Trans Fat	0.00g	Cholesterol	123.00mg
Carbohydrates	31.97g	Fiber	0.42g
Sugar	9.82g	Sodium	1225.50mg
Iron	1.30mg	Vitamin C	0.00mg
Vitamin A	663.00IU	Calcium	573.20mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
3/20 Pound	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	
6 Ounce	155661	SAUCE ALFREDO FZ 6-5 JTM	
1/20 Pound	292346	PASTA NOODL EGG 1/2 XTRA WD 2-5 GFS	Bring to boil 5 gallons of water, boil noodles until tender.
1/100 Each	152211	BREADSTICK WGRAIN 1.31Z 10-20CT	Ready to eat

Preparation Instructions

DISCLAIMER: DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.