

Chicken Nuggets

Servings:	100.00
Serving Size:	500.00 100.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Chicken Nuggets

Nutrition Information

Calories	230.00	Protein	13.00g
Fat	13.00g	SaturatedFat	3.00g
Trans Fat	0.00g	Cholesterol	35.00mg
Carbohydrates	14.00g	Fiber	1.00g
Sugar	0.00g	Sodium	560.00mg
Iron	1.80mg	Vitamin C	1.20mg
Vitamin A	100.00IU	Calcium	20.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
500 Each	509736	CHIX BRST NUGGET O/R WGRAIN 2-5.425	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS ON THE SIDE ONLY (NOT CALCULATED INTO NUTRITION'S)

BBQ SAUCE

KETCHUP

RANCH DRESSING