

Chicken Soft Taco

| | |
|-----------------------|-------------------|
| Servings: | 1.00 |
| Serving Size: | 1.00 |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | Complex Food Prep |

Chicken Soft Taco (HS)

Nutrition Information

| | | | |
|----------------------|----------|---------------------|----------|
| Calories | 281.33 | Protein | 20.68g |
| Fat | 13.62g | SaturatedFat | 4.63g |
| Trans Fat | 0.00g | Cholesterol | 82.33mg |
| Carbohydrates | 20.13g | Fiber | 2.00g |
| Sugar | 1.00g | Sodium | 713.67mg |
| Iron | 2.72mg | Vitamin C | 0.00mg |
| Vitamin A | 175.97IU | Calcium | 94.93mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|--------------------------------|--------------------------|
| 3/10 Ounce | 150250 | CHEESE CHED MLD SHRD 4-5# COMM | 1/5# bags use scoop #30 |
| 1 Each | 505722 | TORTILLA FLOUR 8 PRSD 20-12CT | |

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|-------------------------------------|--|
| 2 3/4 Ounce | 860390 | CHIX STRP FAJT DRK MT FC 6-5 TYS | <p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Set at 350°F, reheat 25 - 30 minutes from frozen.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Set at 400°F, 15 - 20 minutes from frozen.</p> <p>MICROWAVE</p> <p>Appliances vary, adjust accordingly.</p> <p>Microwave Oven</p> <p>Reheat 3 1</p> <p>2 minutes on high setting from frozen.</p> |

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY (NOT INCLUDED IN NUTRITION'S)

LETTUCE

TOMATO

SALSA

SOUR CREAM