## Chicken Taco Walking

Servings:	1.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service
Chicken Taco Walking	

## **Nutrition Information**

Calories	467.50	Protein	22.75g
Fat	21.25g	SaturatedFat	5.50g
Trans Fat	0.00g	Cholesterol	87.50mg
Carbohydrates	44.25g	Fiber	4.00g
Sugar	0.00g	Sodium	597.50mg
Iron	1.49mg	Vitamin C	0.00mg
Vitamin A	170.25IU	Calcium	150.50mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1/4 Ounce	150250	CHEESE CHED MLD SHRD 4- 5# COMM	

Measurement	DistPart #	Description	Preparation Instructions
3 Ounce	860390	CHIX STRP FAJT DRK MT FC 6-5 TYS	BAKE Appliances vary, adjust accordingly. Conventional Oven Set at 350°F, reheat 25 - 30 minutes from frozen. CONVECTION Appliances vary, adjust accordingly. Convection Oven Set at 400°F, 15 - 20 minutes from frozen. MICROWAVE Appliances vary, adjust accordingly. Microwave Oven Reheat 3 1 2 minutes on high setting from frozen.
22 Piece	163020	CHIP TORTL RND YEL 5-1.5 KE	

## **Preparation Instructions**

WASH HANDS.

WASH ALL FRESH PRODUCE UNDER COOL RUNNING WATER, DRAIN WELL.

1. In a tilt-skillet, cook beef and drain fat.

CCP: FINAL INTERNAL COOKING TEMPERATURE MUST REACH A MINIMUM OF 155°F, HELD FOR 15 SECONDS.

- 2. Add taco seasoning mix (optional) and water, blend well. Bring to a boil. Reduce heat and simmer for 20-30 minutes.
- 3. Crush individual bags of chips and open.
- 3. Add 2 oz of meat mixture, 1 oz of shredded cheese, 1/4 cup of shredded lettuce and 1/8 cup salsa to each bag of chips.
- 4. Serve.

Child Nutrition: 1 Each provides=

1.5 oz meat/meat alternate, 1.25 oz eq grains, 1/8 cup "other" vegetable, and 1/8 cup red/orange vegetable

OR

1.5 oz meat/meat alternate, 1.25 oz eq grains, and 1/4 cup additional vegetables

Updated October 2013

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.

CONDIMENTS: ON THE SIDE ONLY ( NOT INCLUDED IN NUTRITION'S)

SALSA

**SOUR CREAM** 

LETTUCE

TOMATO