

# Cinnamon Pop Tart

<b>Servings:</b>	1.00
<b>Serving Size:</b>	2.00 Serving
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	No Cook

pop tart

## Nutrition Information

<b>Calories</b>	370.00	<b>Protein</b>	5.00g
<b>Fat</b>	6.00g	<b>SaturatedFat</b>	2.00g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.00mg
<b>Carbohydrates</b>	76.00g	<b>Fiber</b>	6.00g
<b>Sugar</b>	31.00g	<b>Sodium</b>	390.00mg
<b>Iron</b>	3.60mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	1000.00IU	<b>Calcium</b>	200.00mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Package	123081	PASTRY POP-TART WGRAIN CINN 72-2CT	

## Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.