

Doughnut

Servings:	1.00
Serving Size:	0.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	Same Day Service

Doughnut

Nutrition Information

Calories	230.00	Protein	5.00g
Fat	11.00g	SaturatedFat	4.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	29.00g	Fiber	2.00g
Sugar	6.00g	Sodium	260.00mg
Iron	1.44mg	Vitamin C	6.00mg
Vitamin A	0.00IU	Calcium	100.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	668181	DONUT RING WGRAIN GLZ IW 80-2.5Z	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.