

Fudge Pop Tart

Servings:	1.00
Serving Size:	2.00 Serving
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

pop tart

Nutrition Information

Calories	180.00	Protein	3.00g
Fat	3.00g	SaturatedFat	1.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	38.00g	Fiber	3.00g
Sugar	16.00g	Sodium	190.00mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	500.00IU	Calcium	100.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	452062	PASTRY POP-TART WGRAIN FUDG 120-1CT	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.