

Ham & Cheese Panini

Servings:	1.00
Serving Size:	1.00 100.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Ham & cheese panini

Nutrition Information

Calories	459.55	Protein	18.73g
Fat	20.82g	SaturatedFat	7.64g
Trans Fat	0.00g	Cholesterol	67.54mg
Carbohydrates	39.75g	Fiber	2.00g
Sugar	12.00g	Sodium	932.99mg
Iron	1.98mg	Vitamin C	1.19mg
Vitamin A	24.87IU	Calcium	59.80mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Ounce	236012	MEAT COMBO PK SLCD 12-1 JENNO	THAW AND EAT
1 Ounce	100018	CHEESE, AMERICAN, YELLOW, PASTEURIZED, SLICED	READY_TO_EAT
2 1 piece	831161	BREAD PANINI 192-.82Z PILLS	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.