

Lasagna

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Lasagna

Nutrition Information

Calories	414.46	Protein	39.54g
Fat	30.00g	SaturatedFat	15.50g
Trans Fat	0.00g	Cholesterol	101.96mg
Carbohydrates	8.32g	Fiber	1.07g
Sugar	5.25g	Sodium	1210.36mg
Iron	1.14mg	Vitamin C	10.78mg
Vitamin A	1491.61IU	Calcium	808.57mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 Pound	646422	PASTA LASAGNA WHLWHE 10# ULTRGR	
3 Ounce	573201	SAUCE SPAGHETTI BF REDC FAT 6-5 COMM	
1/4 Ounce	212512	CHEESE COTTAGE LRG 4 4-5 GFS	
9 Ounce	164259	CHEESE PARM GRTD 12-1 PG	
1/4 Ounce	645170	CHEESE MOZZ SHRD 4-5 LOL	

Preparation Instructions

Assemble the day before and store in the refrigerator.

In a shallow steam table pan layer 3 cups of sauce, then noodles, then 3 cups of cottage cheese, repeat.

On the top layer sprinkle mozzarella cheese and Parmesan cheese.

Bake in a convection oven at 325 degrees for 45 minutes. Remove from oven and let set for at least 15 min. before cutting.

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.