

# Mac & Cheese

|                       |                  |
|-----------------------|------------------|
| <b>Servings:</b>      | 1.00             |
| <b>Serving Size:</b>  | 1.00             |
| <b>Meal Type:</b>     | Lunch            |
| <b>Category:</b>      | Entree           |
| <b>HACCP Process:</b> | Same Day Service |

Macaroni and Cheese

## Nutrition Information

|                      |          |                     |          |
|----------------------|----------|---------------------|----------|
| <b>Calories</b>      | 210.00   | <b>Protein</b>      | 12.75g   |
| <b>Fat</b>           | 8.25g    | <b>SaturatedFat</b> | 3.75g    |
| <b>Trans Fat</b>     | 0.00g    | <b>Cholesterol</b>  | 18.75mg  |
| <b>Carbohydrates</b> | 21.75g   | <b>Fiber</b>        | 1.50g    |
| <b>Sugar</b>         | 4.50g    | <b>Sodium</b>       | 502.50mg |
| <b>Iron</b>          | 0.81mg   | <b>Vitamin C</b>    | 0.00mg   |
| <b>Vitamin A</b>     | 562.50IU | <b>Calcium</b>      | 300.00mg |

## Ingredients

| Measurement | DistPart # | Description                     | Preparation Instructions |
|-------------|------------|---------------------------------|--------------------------|
| 3/4 Ounce   | 527582     | ENTREE MAC & CHS WGRAIN 6-5 LOL | BAKE                     |

## Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.