

Muffin w/ Yogurt

Servings:	1.00
Serving Size:	1.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

Muffin w/ yogurt

Nutrition Information

Calories	260.00	Protein	7.00g
Fat	6.50g	SaturatedFat	1.50g
Trans Fat	0.00g	Cholesterol	15.00mg
Carbohydrates	42.00g	Fiber	2.00g
Sugar	23.00g	Sodium	170.00mg
Iron	1.33mg	Vitamin C	0.05mg
Vitamin A	514.41IU	Calcium	112.76mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	551760	YOGURT STRAWB BAN BASH L/F 48-4Z TRIX	READY_TO_EAT Ready to eat single serving
1 Each	262343	MUFFIN DBL CHOC WGRAIN IW 48-2Z SL	

Preparation Instructions

DISCLAIMER:

DO NOT VARY FROM THIS RECIPE, THE NUTRITION STANDARDS ARE SET BY THE USDA TO MEET THE NATIONAL SCHOOL LUNCH/BREAKFAST PROGRAM REQUIREMENTS AND ARE FOLLOWED BY THE INDIANA DEPARTMENT OF EDUCATION.